

xello

Powered by CASCAID

Work Experience Lesson Activities



Lesson Activities Pack Instructions for Educators & Careers Leaders:

We've created a pack of ready-made lesson activities to help you tackle Work Experience at your school or college. Tailor the delivery to suit your unique careers programme or use them exactly as described below -- the choice is yours!



Instructions for Educators

Use this lesson as described or feel free to customise to meet your needs. Schedule the activity as you see it best integrating with your school timetable.

Did you know?

Using a careers education and future-readiness program, like [Xello](#), at your school or college can help you design your work experience programme.

Gather insights about student skills and interests to inform the types of local employers you approach. Track your students' activity in Xello's educator tools so that you can evidence your progress towards Gatsby Benchmarks 5 and 6. Find out more about Xello [here](#) and fill out a form if you're ready to speak to an education consultant.



TOP TIP

If you have Xello at your school, you can use these examples to develop your [Custom Lessons](#) to ensure your students meet the requirements laid out in the Gatsby Benchmarks.

Part 1: Pre-work Experience Brainstorming

The following are **3 activities** that help you get your students thinking about work experience ahead of organising their placements and meaningful encounters.

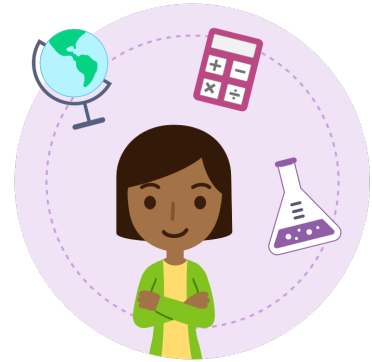


LESSON ACTIVITY TITLE	RECOMMENDED YEAR	PREREQUISITES
Employability-related Skills	Year 10 / 11	None
Transferable Skills	Year 10 / 11	None
Work-related Opportunities	Year 10 / 11	None



Employability-related Skills

Knowing what skills you may encounter on the job could help you find informal and unpaid work experiences now. This can help you gain valuable knowledge for your future career.



1. What skills might I need someday in a career?

2. Are there skills I am practising today that I may use in my future career?

3. What's an experience I've had that helped me develop a work-related skill?



Transferable Skills

It is important to be aware of skills that can be used across a number of different careers. It is also useful to think about how these skills could help you in a particular role.



1. What are soft skills?

2. How are workplace skills like transferable skills?

3. What skills will benefit my job performance?



Work-related Opportunities

Explore your future work-based options. Learn more about the opportunities available to you.



1. How can I get work-related experience while I am still in education?

2. What work-related opportunity at school or college would help you gain experience in the career path of your choice?

3. What do you hope to gain by participating in this work-related opportunity?

Part 2: Post-work Experience Reflection

The following are **2 activities** that help you guide your students to reflect on their work experiences.



LESSON ACTIVITY TITLE	RECOMMENDED YEAR	PREREQUISITES
After Completing Work Experience	Year 10 / 11	None
Work Experience Report	Year 10 / 11	None



After Completing Work Experience

Once your period of work experience has finished, there are a few important tasks you should do whilst the experience is still fresh in your mind.

1. Ask your employer for feedback on your work experience. What did the employers think went well, and maybe not so well?

2. Now is the time to update your CVs with the relevant details about the work experience. Think about the things you learned. What new skills did you develop?

3. Find out if your employer would be willing to act as a referee on your CV. If they agree, add them. This could help future work-based applications.



Work Experience Report

It is important to think about and reflect on your work experience. To help with this, you should keep a diary during your period of work. You can then use this diary to help you write a report of your work experience.

The report should focus on addressing the following questions:



1. What tasks did you perform while on work experience?

2. What things did you learn?

3. Can you identify the parts you enjoyed?



4. Can you identify the challenges you had to face and overcome?

5. What transferable skills did you develop and use?

6. If you set any targets before the work experience began, did you meet them?

7. Has the work experience changed any career plans you had?



8. Do you have any questions following on from your work experience?

Additional notes and comments
